

principles into practice awards 2012-13



**and the
winner is ...**



Principles into Practice Awards 2012-13

The Principles into Practice Network works to promote the principles of mental health and incapacity law. Over 800 practitioners, service users, carers, advocacy workers and others have joined the Network to exchange knowledge, share experience, identify challenges and discuss solutions. We do this through our website www.principlesintopractice.net and our Principles into Practice Awards and Conference.

The Principles into Practice Awards help us to identify, share and celebrate good practice across Scotland. We want awards submissions to demonstrate how services, projects and teams have embraced the principles in their work and how this has improved outcomes for individuals.

The principles that are set out in mental health and incapacity law are all about respect for the individual. They challenge us all to keep the whole person at the centre of policies, decisions and 'taken for granted' practice. The principles apply to the care and support of people with mental illness, learning disability, or related condition. Teams, projects or services can be nominated for an award in the following categories. See below for more details and criteria.

- Service user participation and influence (Peoples' choice award)
- Carer involvement and support
- Care and support of people with dementia
- Care and support of younger people
- Respect for diversity
- Long-term mental illness and recovery

Awards will be given on the basis of evidence of a clear commitment to developing services that place the needs, views and rights of individual service users and carers at the heart.

This form is the place to make your work stand out to our judging panel. Where you refer to service evaluations, feedback, surveys or reports in your nomination you may attach these documents as evidence. Please be aware however that the final judging panel decision will only use what you have written on your nomination form to make their decision. Therefore within your nomination form please ensure that you clearly demonstrate how your service contributes to delivering principle based care and how you meet the criteria for the category you have selected.

Closing date for entries: 5th November 2012

Shortlisted submissions will be announced in January 2013.

Award category winners will be announced at the conference at The Scottish Youth Theatre in Glasgow on Friday 1st March 2013.

The Network and the Awards programme are supported by the Mental Welfare Commission for Scotland as a part of its work to identify, recognise and share best practice in working with the principles set out in Scottish mental health and incapacity law.

Entry categories

Participation and influence for service users (Peoples' choice award)

Individual participation in decisions that affect them is a fundamental principle and one that should be at the heart of any health or social care decision. Participation is at the heart of individual recovery. The principles are clear that just because someone is being treated under the law, it doesn't mean they have no say. It is also clear that consideration of the principles and individual needs should be at the heart of how services are planned and delivered. Nominations to this category will be able to demonstrate:

- Commitment and flexibility in their approach to service-user participation in care and treatment.
- Service development and delivery that responds directly to service-user involvement.
- A positive impact on individuals and the quality of services provided for people with mental illness, learning disability and related conditions.



Category sponsored by The Scottish Independent Advocacy Alliance

Carer involvement and support

This is about more than providing information to carers in relation to the person they care for. Nominations in this category will be able to show how they have approached the broader support needs of people caring for a person with mental illness, learning disability and related conditions; providing specific services that support and enable them to fulfil their caring role and maintain their own mental well-being. Submissions to this category should demonstrate how they have delivered one or more of the following:

- Developing peer support for carers
- Support that addresses carers' own emotional and practical needs
- Improved understanding, skills and information for people who care for someone
- Involving carers in service development and decision making
- Addressing the information and support needs of children and young people who care

Category sponsored by See Me Scotland



Respect for diversity

This category is for services, projects or care plans that have been developed to address the specific mental health needs of individuals in relation to their gender, gender reassignment, age, sexual orientation, pregnancy and maternity, religion, communication need, racial origin and ethnicity, and/or disability (including learning disability). Services or projects that can clearly demonstrate how they have influenced mainstream service development and/or delivered change in individual care to meet specific needs are welcomed in this category. Submissions to this category should demonstrate how they have delivered one or more of the following:

- Consultation and engagement of an 'equalities' client group in care planning and/or service delivery
- Developing the skills and capacity of mainstream staff
- Delivering information that is accessible and culturally appropriate
- Developing peer support networks
- Developing access to specialist advocacy services or collective advocacy

Category sponsored by The Equality Team, NHS Health Scotland



Principles in the care and treatment of people with dementia

The launch of the dementia strategy in 2010 and the dementia standards in 2011 has outlined the challenges in ensuring that services recognise the individual needs of people with dementia and see the person behind the illness. The publication in March 2011 of the Mental Welfare Commission's report *Decisions for Dignity* highlighted that around 30% of people admitted to general hospital wards will have significant memory problems and that much needs to be done to improve care. There has been a lot of activity since then to improve the care people with dementia receive in acute general hospitals. Therefore we hope that submissions for this award will not be restricted to specialist dementia services, but will come from a cross section of services which are striving to provide a sensitive and responsive service to people with dementia.

Submissions for this award will demonstrate how a project, service or care plan has delivered one or more of the following:

- Care that respects and responds to the individual identity and needs of people with dementia
- Improved understanding, skills and capacity of staff
- Activities that support people to maintain or develop their links with their community
- Improved living environments
- Improved access to specialist advocacy services or collective advocacy
- Improves the response to dementia within general hospital settings.

Category sponsored by The Dementia Services Development Centre



Principles in the care and treatment of children and younger people with a mental illness, learning disability and related conditions.

Submissions to this category will be working to promote recovery and age appropriate care, treatment and support to young people with an acute mental health problem or a learning disability – in hospital or in the community. Projects, services or care plans submitted to this category may relate to care and treatment of young people under 18, or may be providing transitional services for young people up to the age of 25. Applications should demonstrate how the project, service or care plan has delivered one or more of the following:

- Care and support that takes place in the most appropriate setting or service
- Support for children and young people to remain in/engage with formal education
- Support for children and young people to develop and maintain contact with their peer group and to engage in social activities
- Developed access to inclusive mainstream youth services
- Support for children, young people and their families to maintain and develop family relationships.
- Developed access to specialist advocacy services including collective advocacy and peer support

Category sponsored by Young Voices of Experience



Principles in the longer term care and treatment of people with long-term mental health conditions

For some people mental ill health might, like any illness, be a passing thing. The person may experience a full recovery and may never come into contact with services again. For others living with poor mental health may be more of a long- term experience with the need for on-going care, treatment and support either in hospital or in the community. We recognise that people with long-term mental health problems may also have a learning disability or related conditions (such as dementia) and submissions from people working across these conditions can be nominated to this category. Submissions will be able to demonstrate how the project, service or care plan demonstrates one or more of the following:

- A recovery-based approach to the care and treatment of long-term mental ill health.
- Care and support that is delivered in the least restrictive way possible
- Positive approaches to managing individual risk, that support recovery and maximise the person's freedom and choice
- Access to a programme of meaningful, tailored activities in and out of hospital
- Supporting people to maintain and develop links with their community



Category sponsored by the Scottish Recovery Network

Further information

Information on previous award winners and shortlisted nominations can be found on the principle into practice website: <http://www.principlesintopractice.net/>. Here you can also join the network to receive updates on new case studies, articles, tools and resources.

If you have any questions concerning the awards please contact: Ben Lukins at the Mental Welfare Commission for Scotland on 0131 313 8776, email Ben.Lukins@mwscot.org.uk

Please note that all applications must be submitted by **Monday 5th November 2012**

Completed nominations should be sent to: Ben Lukins
The Mental Welfare Commission for Scotland
91 Haymarket Terrace, Edinburgh EH12 5HE
Email: Ben.Lukins@mwscot.org.uk

What is the name and address of the service/project that you want to nominate?

If different from above, please supply contact details for correspondence related to this award nomination:

If you are a registered care provider, please supply your registration number:

Which award category do you want your nomination to be considered for?

(Please tick as appropriate and see attached guidance for details)

- Service user participation and influence (People's choice award)** – Best practice in developing and supporting service-user access to information, participation and influence
- Carer involvement and support** – Best practice in involving and supporting carers of people with a mental illness, learning disability or related condition
- Care and support of people with dementia** – Best practice in applying the principles of mental health and/or incapacity law to the care and support of people with dementia
- Care and support of younger people** – Best practice in applying the principles of mental health law in the care and support of younger people with a mental illness, learning disability or related condition
- Respect for diversity** – Best practice in care and support of people with a mental illness, learning disability or related condition who have particular needs in relation to their age, gender, race, ethnicity, sexuality or disability
- Long-term mental illness and recovery** – Best practice in applying the principles of mental health or adults with incapacity law and recovery in the care and support of people who experience long-term mental illness

Referees

Please provide us with the names and contact details of two people we can contact about this service – one person who is employed to deliver the service and one person who uses the service

Name	Postcode
Address	E-mail
	Tel

Name	Postcode
Address	E-mail
	Tel

Please give us some background information about the project/service/individual care plan
(max 500 words)

Why you think this project/service/care plan deserves to win a Principles into Practice Award?

Please refer to the category information and provide evidence to demonstrate how the project embraces the mental health or adults with incapacity act principles. (max 1000 words)

More space on following page

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